



ESGENA Programm during ESGE Days 2026

May 14-16, 2026, in Milan, Italy

<https://esgedays.org/>

Dear Colleagues,

We are very much looking forward to welcoming you all to Milan for ESGE DAYS 2026 from May 13-16, 2026. The scientific committee has worked diligently to develop the best possible approach for presenting scientific content in a comprehensive program. This program will showcase innovative ideas and procedures for everyone working in the field of endoscopy.

The success of an endoscopy unit is based on a dedicated, multidisciplinary team working together toward the goal of safe and effective patient care. ESGE and ESGENA therefore emphasize teamwork, where the endoscopy team learns and develops together. Building on this principle, the ESGENA Spring School is an integral part of ESGE DAYS and offers the endoscopy nursing community a diverse program, including:

- Joint sessions for physicians and nurses with interactive discussions, debates, and live demonstrations
- Specialized sessions for nurses focusing on patient care, support, and management

This year, ESGE and ESGENA are offering a course on safe sedation in endoscopy for the first time, where participants will practice various scenarios in small groups using human patient simulators.

The ESGENA Nurses Hot Spot offers intensive training on various endoscopic techniques. You can find us in the industry exhibition. Participation is possible without prior registration.

We look forward to welcoming you to Milan.

Sincerely,

Deepa J. Gandhi, President ESGENA

Registration

Your benefit as an ESGENA individual member:

- ESGENA individual members are eligible to reduced rates for all onsite and digital formats of the ESGE Days (see overview below)

Benefit for new members:

- If you aren't an ESGENA Individual Member yet, join now using our special, combined package of ESGENA membership and registration of ESGE Days 2025.

Link for registration: <https://esgedays.org/registration>

	Onsite in Milan Early Bird before 31.3.2026	Onsite in Milan After 1.4.- 12.5.2026	Onsite in Milan Onsite Last Minute from 13.5.2026	Digital Package
ESGENA Individual Member Member of ESGENA	150 €	185,00 €	210,00 €	65,00 €
Non-Member Nurse Any gastroenterology or endoscopy nurse or associate, not a member of ESGENA	210,00 €	240,00 €	265,00 €	85,00 €
Postgraduate Course ** - for ESGENA Members	95,00 €	95,00 €	95,00 €	--
Postgraduate Course ** - for non-ESGENA Members	125,00 €	125,00 €	125,00 €	--
Hands-on Training on bio-simulators ** - for ESGENA Members	50,00 €	50,00 €	50,00 €	--
Hands-on Training on bio-simulators ** - for non-ESGENA Members	105,00 €	105,00 €	105,00 €	--
Safe Sedation Course **	35,00 €	35,00 €	35,00 €	

**** can only be booked in combination with the core programme)**

ESGENA “Warm-ups

towards the ESGE Days and the ESGENA Spring School



The “**ESGENA warm-ups**” are four webinars as a countdown towards the ESGE Days and the ESGEN Spring School 2026. All ESGEN warm-ups are a **free of charge**. After registration you will receive a Zoom link. You will be able to meet medical and nurse experts, microbiologists and experts from the industry. A varied program will update you on endoscopic techniques, and current topics around hygiene and infection control.

April 16, 2026	18:00-19:30 CET	ESGENA Warm-up 1 before ESGE Days	Hygiene& Infection Control	
April 23, 2026	18:00-19:30 CET	ESGENA Warm-up 2 before ESGE Days	Endoscopic techniques	
April 30, 2026	18:00-19:30 CET	ESGENA Warm-up 3 before ESGE Days	Hygiene& Infection Control	
May 7, 2026	18:00-19:30 CET	ESGENA Warm-up 4 before ESGE Days	Endoscopic techniques	Ovesco

Schedule for ESGE Days 2026 onsite in Milan

Wednesday		Nurses Hot Spot	Hands on Training
12:30-17:30	Safe Sedation in Endoscopy Course		
12:30-19:00	Post graduate Course		
Thursday	ESGENA Sessions	Nurses Hot Spot	Hands on Training
09:30-10:00			Hands- on Sessions: Endoscopic techniques & Sedation Course 09:30-11:00
10:00-11:00	ESGENA Oral Presentations : Management & Hygiene		
11:00-11:30		ESGENA Hot Spot	
11:30-12:30	ESGENA and ANOTE-ANIGEA-Joint Session: Hygiene in Endoscopy - more complex than expected		Hands- on Sessions: Endoscopic techniques & Sedation Course 11:45-13:15
12:30-13:15			
13:15-14:00		ESGENA Hot Spot	
14:00-15:00			Hands- on Sessions: Endoscopic techniques & Sedation Course 14:00-15:30
15:00-15:30			
15:30-17:00			
17:30-18:00	ESGE Days Welcome Reception		
Friday	ESGENA Sessions	Nurses Hot Spot	Hands on Training
09:00-10:00	Live Endoscopy		Hands- on Sessions: Endoscopic techniques & Sedation Course 09:30-11:00
10:00-10:30		ESGENA Hot Spot	
10:30-11:30	ESGENA Joint Session: Fit for Fun - Ergonomics in Endoscopy		
	Live Endoscopy		
11:30-12:00		ESGENA Hot Spot	
12:00-13:00	ESGENA Joint Session: Teamwork – how to solve difficult situations		Hands- on Sessions: Endoscopic techniques & Sedation Course 11:45-13:15
	Live Endoscopy		
12:45-13:45	ESGENA Lunch Session – New trends and developments		
13:00-14:30		ESGENA Hot Spot	
14:30-15:30	Pitch your Poster session: All around Endoscopic nursing		Hands- on Sessions: Endoscopic techniques & Sedation Course 14:15-15:45
	Live Endoscopy		
15:30-16:00		ESGENA Hot Spot	
16:00-17:00	Nursing Oral Presentation Session: Endoscopic Procedures & Patient Care		
	Live Endoscopy		Hands- on Sessions: Endoscopic techniques 16:30-18:00
17:00-17:30			
17:30-18:30	Tips and Tricks Session Core endoscopy: How to build your perfect Endoscopy unit		
	Live Endoscopy		
Saturday	ESGENA Sessions	Nurses Hot Spot	Hands on Training
08:30-09:30	ESGENA Spring School 1: Education – key to quality in Endoscopy		
09:30-10:00		ESGENA Hot Spot	
10:00-11:00	ESGENA Spring School 2: Patient Care in Endoscopy		Hands- on Sessions: Endoscopic techniques 09:30-11:00
11:00-11:30		ESGENA Hot Spot	
11:30-12:30	ESGENA Spring School 3: Management of Endoscopy Units – Challenges and Resources		Hands- on Sessions: Endoscopic techniques 11:30-13:00

ESGENA Programme during the ESGE Days 2026

Thursday 14 May 2026
10:00-11:00 ESGENA Oral Presentations: Management & Hygiene
Aqua 3+4

Chairs Joseph Garzia Stafrace, Malta
Patricia Burga, Italy
Siiri Maasen, Estonia

Free paper authors will be announced on March 10, 2026

Thursday 14 May 2026
11:30-12:30 ESGENA and ANOTE-ANIGEA-Joint Session: Hygiene in
Coral 2 **Endoscopy - more complex than expected**

Chairs Ulrike Beilenhoff, Germany
Arianna Parrella, Italy

11:30-11:50 **Basic knowledge is key for quality in Endoscopy - Endoscope damages and failures due to misuse and incorrect techniques**
Elissavet Apostolidi, Greece

11:50-12:10 **EXPIRE – impact of the expiring date of endoscopy accessories on sustainability**
Enrique Rodriguez de Santiago, Spain

12:10-12:30 **Microbiological Surveillance – Is a worldwide harmonisation possible?**
Lionel Pineau, France

Thursday 14 May 2026
17:30-18:00 ESGE Days Welcome Reception
Allianz Mico

Friday **15 May 2026**
09:00-10:00 **Live Demonstration from the Humanitas University Medical**
Plenary Room **School, Milan. Session 1**
(Coral 4+5)

Chairs Wendy Carmel, Denmark

Friday **15 May 2026**
10:30-11:30 **ESGENA Joint Session:**
Coral 2 **Fit for Fun - Ergonomics in Endoscopy**

Chairs Konstantinos Triantafyllou, Greece
Ingrid Karström, Sweden

10:30-10:50 **Ergonomics and Endoscopy related injuries among endoscopists and**
endoscopy nurses– what can we learn from recent surveys?
Javier Tejedor Tejada, Spain

10:50-11:10 **Ergonomics in Endoscopy – Structure and Process quality**
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11:10-11:30 **The gym in your department - exercises to reduce musculoskeletal problems**
Joshua Inbaraj, Ireland

Friday **15 May 2026**
10:30-11:30 **Live Demonstration from the Humanitas University Medical**
Plenary Room **School, Milan. Session 2**
(Coral 4+5)

Chairs Marjon de Pater, Netherlands

Friday **15 May 2026**
12:00-13:00 **ESGENA Joint Session:**
Coral 2 **Teamwork – how to solve difficult situations**

Chairs Camille Dutronc, Switzerland
Ioannis Papanikolaou, Greece

12:00-12:20 **Upper GI bleeding - managing techniques from A to Z**
Charitini Aga & Georgios Theocharis, Greece

12:20-12:40 **ERCP – the dance with the wire**
Hannah van Malenstein & Hilde Willekens, Belgium

12:40-13:00 **Resection techniques – cold - hot -stay cool**
Fabio Grilli & Tommaso Rozera, Italy

Friday **15 May 2026**
12:00-13:00 **Live Demonstration from the Humanitas University Medical**
Plenary Room **School, Milan. Session 3**
(Coral 4+Kata5)

Chairs Katarina Karlovic, Croatia

Friday **15 May 2026**
12:45-13:45 **ESGENA Lunch Session on new trends and developments**
Aqua 3+4

Chairs Krisztina Tari, Hungary
Joseph Garzia Stafrace, Malta

Friday **15 May 2026**
14:30-15:30 **Pitch your Poster session:**
Emerald 3 **All around Endoscopic nursing**

Chairs Sean Connolly, Ireland
Agnes Zaininger, Austria
Margret Marin Arnardottir, Iceland

Accepted Free posters will be announced on March 10. 2026

Friday **15 May 2026**
14:30-15:30 **Live Demonstration from the Humanitas University Medical**
Plenary Room **School, Milan. Session 4**
(Coral 4+5)

Chairs Deepa Gandhi, Ireland

Friday **15 May 2026**
16:00-17:00 **ESGENA Oral Presentation Session:**
Aqua 3+4 **Endoscopic Procedures & Patient Care**

Chairs Joseph Garzia Stafrace, Malta
Patricia Burga, Italy
Siiri Maasen, Estonia

Accepted Free posters will be announced on March 10. 2026

Friday **15 May 2026**
16:00-17:00 **Live Demonstration from the Humanitas University Medical**
Plenary Room **School, Milan. Session 5**
(Coral 4+5)

Chairs Anastasia Tsalouka, Greece

17:30-18:30 **Tips and Tricks Session Core endoscopy:**
Coral 3 **How to build your perfect Endoscopy unit**

Chairs Peter Siersema , Netherlands
Theodor Voiosu, Romania
Wendy Carmel, Denmark

17:30-17:45 **Organization & business plan**
Marcel Tantau, Romania

17:45-18:00 **Mandatory technology**
Rees Colin, United Kingdom

18:00-18:15 **Team and workflow**
Ulrike Beilenhoff, Germany

18:15-18:30 **Auditing performance and sustainability: eco conception of endoscopy units**
Mathieu Pioche, France

Friday 15 May 2026
17:30-18:30 Live Demonstration from the Humanitas University Medical School, Milan. Session 6
Plenary Room
(Coral 4+5)

Chairs Eric Pflimlin, Switzerland

Saturday 16 May 2026
08:30-09:30 ESGENA Spring School 1: Education – key to quality in Endoscopy
Aqua 3+4

Chairs Terhi Peltosaari, Finland
Yuri Guriel; Israel

10:30-10:50 **Nurse education project in Nigeria.**
Mel McCallum & Nurin Mohammad, United Kingdom

10:50-11:10 **The national JETS system of training and accreditation – is an implementation on the European level desirable?**
Lindsey Scarisbrick, United Kingdom

11:10-11:30 **Behind the scope: training tomorrow's endoscopy experts**
Thalita Van Hulle, Belgium

Saturday 16 May 2026
10.00-11:00 ESGENA Spring School 2: Patient Care in Endoscopy
Aqua 3+4

Chairs Daniela Burtea, Romania
Katarina Karlovic, Croatia

10:00-10:20 **Yoga in Endoscopy - Proper position of the patient during the different procedure**
Haenebalcke Karolien, Belgium

10:20-10:40 **Patient Involvement in Developing Patient Information**
Hazel Cagayan, United Kingdom

10:40-11:00 **Establishment of NAPS in the Netherlands**
Marjon de Pater, Netherlands

Saturday 16 May 2026
11:30-12:30 ESGENA Spring School 3: Management of Endoscopy Units –
Aqua 3+4 Challenges and Resources

Chairs	Anastasia Tsalouka, Greece Tove Anette Hennissen, Norway
11:30-11:50	Workforce, resilience, and patient safety Patricia Burga, Italy
11:50-12:10	The "Gaslighting" phenomenon at work Aglaia Katsiroumpa; Greece
12:10-12:30	Retention strategies for staff Deepa Gandhi, Ireland

ESGENA NURSES HOT SPOT

The ESGENA Nurses Hot Spot in the middle of the exhibition area is a meeting point for nurses and physicians. We offer hands-on training and discussions on the latest developments and current techniques during the coffee breaks. Each time slot will focus on one topic.

Pre-registration is not required.

Take a break, discuss questions from your daily practice with experts, get to know the latest tools for the following techniques:

- Hemostasis
- Resection techniques
- ERCP & EUS
- PEG in Pull through and Hybrid Technique
- Hygiene and infection control



Hands-on Training on Biosimulators

ESGE Days hands-on training (HOT) sessions are designed to provide participants with the opportunity to put what they learn during lectures into practice. Available only to delegates at the on-site congress, these small group, expert-led sessions will cover a variety of topics both standard and cutting edge.

Quality Faculty: learn from the best

- ESGE Days HOT is led by top-tier faculty — many of whom are guideline authors, renowned educators, and leaders in European endoscopy.
- Faculty are hand-picked for teaching ability, not just reputation.
- Participants leave feeling they were taught by the people setting the standards, not just following them.

Intimate, small-group training

- Low participant-to-faculty ratio.
- Real hands-on time with direct faculty guidance and feedback.

Collaboration with ESGENA

- ESGE HOT benefits from close collaboration with ESGENA, the leading European society for GI endoscopy nurses and associates.
- Sessions are designed to reflect the real-world teamwork between physicians and nurses in endoscopy units.
- This joint approach enhances training quality, improves communication, and reflects the multidisciplinary reality of clinical practice.
- It creates a more complete, practical, and inclusive learning environment that values every role in the endoscopy team.

New in 2026: Safe Sedation Course

We are excited to offer this new course focused on endoscopic procedural sedation. Under the direction of Professor Stefano Romagnoli, Head of the Department of Anaesthesia and Critical Care at Careggi Hospital in Florence, Italy, this course will offer a limited number of participants the opportunity to dive deep into critical aspects of sedation in the clinical setting. Professor Romagnoli will be joined by an expert ESGE-ESGENA faculty and the course will be closely aligned with the new ESGE-ESGENA guidelines and curricula on sedation which are currently being prepared for publication.

This highly practical course is taught in two parts, combining theoretical instruction and hands-on training on Real-life Patient-Simulators. Please note that this is an exclusively in person course.

Theory: The first session will be held on Wednesday, May 13, 2026, from 12:30 – 19:00, prior to the core ESGE Days 2025 event (Thursday, May 14 - Saturday, May 16). It will feature theory and practical demonstrations on the following topics:

- Pre-endoscopy assessment and evaluation
- Patient monitoring and equipment
- Analgesic and sedative agents
- The Nurse's Role in Sedation
- Adverse events and rescue, basic airway interventions

Practise: Thursday, May 14 - Saturday, May 16

The second part of the course will be a 1,5 hour hands-on training session on Real-life Patient-Simulators during the core event. These sessions will involve practical training on the AQA sedation model which allows for simulation of real-life sedation scenarios. A maximum of 8 participants will be allocated to each session ensuring that all participants have adequate time to perform tasks on the simulator.